Stormorken syndrome

Description

Stormorken syndrome is a rare condition that affects many body systems. Affected individuals usually have thrombocytopenia, in which there are abnormally low numbers of blood cells called platelets. Platelets are involved in normal blood clotting; a shortage of platelets typically results in easy bruising and abnormal bleeding. In addition, affected individuals often have a muscle disorder, called tubular aggregate myopathy, that leads to muscle weakness. Another feature of Stormorken syndrome is permanent constriction of the pupils of the eyes (miosis), which may be caused by abnormalities in the muscles that control the size of the pupils. Other features include lack of a functioning spleen (asplenia), scaly skin (ichthyosis), headaches, and difficulty with reading and spelling (dyslexia).

Frequency

Stormorken syndrome is a rare disorder. Approximately a dozen cases have been reported in the medical literature.

Causes

Stormorken syndrome is caused by a mutation in the *STIM1* gene. The protein produced from this gene is involved in controlling the entry of positively charged calcium atoms (calcium ions) into cells. The STIM1 protein recognizes when calcium ion levels are low and stimulates the flow of ions into the cell through special channels in the cell membrane called calcium-release activated calcium (CRAC) channels. The flow of calcium ions through CRAC channels triggers signaling within cells that helps control gene activity, cell growth and division, and immune function.

The *STIM1* gene mutation involved in Stormorken syndrome leads to production of a STIM1 protein that is constantly turned on (constitutively active), which means it continually stimulates calcium ion entry through CRAC channels regardless of ion levels. Researchers suggest that the abnormal ion flow in platelets causes them to break down earlier than usual, leading to thrombocytopenia and bleeding problems in people with Stormorken syndrome. It is unknown how constitutively active STIM1 leads to the other features of the disorder.

Learn more about the gene associated with Stormorken syndrome

- STIM1

Inheritance

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder. In some cases, an affected person inherits the mutation from one affected parent. Other cases result from new mutations in the gene and occur in people with no history of the disorder in their family.

Other Names for This Condition

- Stormorken-Sjaastad-Langslet syndrome
- Thrombocytopathy, asplenia, and miosis

Additional Information & Resources

Genetic Testing Information

- Genetic Testing Registry: Stormorken syndrome (https://www.ncbi.nlm.nih.gov/gtr/conditions/C1861451/)

Genetic and Rare Diseases Information Center

- Stormorken-Sjaastad-Langslet syndrome (https://rarediseases.info.nih.gov/diseases/5188/index)

Patient Support and Advocacy Resources

- National Organization for Rare Disorders (NORD) (https://rarediseases.org/)

Catalog of Genes and Diseases from OMIM

- STORMORKEN SYNDROME; STRMK (https://omim.org/entry/185070)

Scientific Articles on PubMed

- PubMed (https://pubmed.ncbi.nlm.nih.gov/?term=%28Stormorken+syndrome%5BALL%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D)

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